

Martin St, Katoomba, 2780 | Ph: (02) 4782-2622 katoomba-h.school@det.nsw.edu.au

2021 **Term 4 Week 3**

Oct 2021

- All year levels return Monday 25th
- Year 12 Exam begin Tuesday November 9th



Wonderful to have the Year 12 students return on Monday 18th October. As they came into the school grounds they were encouraged to walk through the curtain of fabulousness to the clapping of staff. It is terrific to have them back at school to make the final preparations for their exams and for their end of year opportunities.

It was also heartwarming to see the Wollemi Pine seeding for the first time since it was planted over 10 years ago.

Not all students have come back to the school grounds and the teachers and students are in contact about how to best support students through this time. As always KHS prioritises wellbeing for both students and staff.















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The Student Leadership Team 2021 - 2022

We would like to introduce you to the Students Leadership Team for 2021 to 2022. This team has been continually working behind the scenes since they were selected during term 3.

They are designing some fun competitions and activities for students to participate in and to aid in the return to school.

The School Leadership Team are looking forward to welcoming everyone back in week 4 and working alongside

of both Staff and Students to make KHS even better.

Tien Nguyen; Mia Frater; Karl Cruz; Robert Fowler; Thomas Murphy; Samantha Wilson; Ty Honey; Emilia De Leon; Alina Hoang; Alice Ridley; Ruby Byrne; Hannah Patton



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Welcome to Viktoria

Dear students and families, My name's Viktoria Gulabovski and I am the Student Support Officer at Katoomba High School. My role is to enhance the wellbeing of all students, so they can achieve positive learning outcomes and realize their personal aspirations.

I have a qualification in education and social science and have worked with young people from different backgrounds across NSW and Western Australia. My passion is to make a meaningful difference in every young person's life and help them move through the world with confidence.



The Narrow Neck Star in flower.

In November 2020 Katoomba High School received a call from Cathy Cavanagh from the Blue Mountains Conservation Society. Cathy gifted the school with some incredible rare plants that had been propagated by the Blue Mountains Conservation Society. There are only 270 Zieria Covernyi (The Narrow Neck Star) in the mountains and KHS was gifted 12 to nurture in Birriban. They

are currently in bloom in Birriban.





Chromebooks

All Chromebooks are due back on the first day your child returns to school.

- year 12: 18th October
- years 7, 8, and 11: 25th of October
- years 9 and 10: 26th October

We kindly ask that all Chromebooks be returned to the school Library upon return to school. All of these returned computers will then be used in classrooms.



Immunisation rescheduled

The next visit to KHS for immunisation will be the 7th of March 2022.

Students who missed doses in 2021 will be seen in conjunction with the new 7 and 10 cohorts for 2022.

For further information, please contact Katoomba High School - 47822622 or the Local Area Health Office - 47342022

P&C Fundraiser

Katoomba High School P&C have their one and fundraiser for this year that celebrates one of our talented students. A competition was held and all the pieces received be were to commended. Hannah Smith won competition with a piece of art that embraces the spirit of the Blue Mountains. You can now purchase her work on a number of products (tote bags, diary, notebook, tea towels etc). A percentage of each bought goes to the P&C.

Go to https://www.crazycamel.com.au/38706 to place your order.

If you do not have children at the school but wish to purchase an item please use the reference "KHS Community" included with your name in the online order and we will contact you when the item arrives at the school.

Orders close Sunday October 31st. Products should be distributed by the end of November.

If you have any questions please contact Imelda Eames -Community Liaison Officer at the school or by email imelda.eames2@det.nsw.edu.au

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in starting the HSC year on the right foot.

How Can Parents and caregivers help their

1. Help them with time management.

children through the HSC?

Students often underestimate how long a task will take to complete. Help your child compare current tasks to previous similar tasks to get a more realistic picture of what an appropriate timeframe for completion may be. In addition, helping your child to break down a large task into smaller steps with short, regular deadlines may be helpful.

2. Encourage your child to do a little, often.

Spacing revision over a longer period of time is effective more than cramming. Committing knowledge to memory takes and repetition. Encourage regular revision classwork to help consolidate learning, with the key message being do a little, often.

3. Focus on mindset and resilience.

Help your child to find perspective and understand that mistakes and setbacks are inevitable. Encouraging persistence and helping your child to recognise new knowledge and abilities will



Baby Ewe

A wonderful new edition to the TAS faculty \heartsuit .

Rescue sheep Lavender and ram Jimmy welcomed their first ewe to the flock.

We have had some wonderful name suggestions come through the facebook post. The Ag students will make a decision when they come back to school and we will let you know.







Congratulations

Congratulations to Lotte Weber who received the Youth Order of Australia Award this afternoon presented by Her Excellency the Honourable Margaret Beazley via zoom from Government House.

Congratulations Lotte. This is a fantastic achievement.



HSC Focus and Reset

In Week 2, Year 11 students were invited to an HSC Focus and Reset online seminar run by Ms Bower.

Participants learned about the best ways to organise themselves for the HSC, how to set goals and establish study routines. Scientifically proven effective study techniques were introduced, and students were also reminded about the importance of communication and looking after their health during the HSC year.

The feedback from students was very positive, with many finding the information helpful



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go a long way to help them to reframe their thinking. Self-reflection and believing that they can grow and improve is important.

Return to school survey

The school is keen to hear from students about their thoughts on returning to school and how their learning from home experience was. The Survey Monkey will help the school prepare for the students' return with some understanding of how students are feeling and what supports might be needed. Students are asked to complete the survey by Fri 29th October. Any help you can give to encourage your child complete the survey would be wonderful.



Kieran Stodart Achieves Duke of Edinburgh Gold.

Kieran has been a participant on Journeys at Katoomba High School since he was in year 8. He has shown dedication to complete many Journeys over the years and has demonstrated outstanding leadership skills through the activities completed as part of the Duke of Edinburgh Award. For his Recreation Kieran trained and played cricket at a local club and helped coach younger teams. As his skill he cooked a variety

of foods for his family. For service Kieran completed a variety of school based leadership roles including being a Peer Support leader, becoming a prefect and helping organise events like "Pink Day, "Young Leaders Day" and "Harmony Day".

Kieran has strived to achieve his Gold Duke of Edinburgh Award and completed all the necessary online administration required to gain the prestigious award.

We wish him all the best in his teaching course that he has already been offered for next year. I feel confident that he will be a fantastic teacher and an asset to whichever school he ends up at.

Mr Huxley.



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